

# Welcome to: **WHY DOES MY CHILD ACT THAT WAY?**

HOW YOUR CHILD'S BODY INTERPRETS VARIOUS ENVIRONMENTS

## **MODULE 1: INTRODUCTION**

LESSON 1: WELCOME  
LESSON 2: LEARNER OUTCOMES  
LESSON 3: COURSE ORGANIZATION  
LESSON 4: TECH TIPS  
ACTION STEP

## **MODULE 2: ENVIRONMENTS AND BEHAVIOR**

LESSON 1: PRE-MODULE INVENTORY  
LESSON 2: THE PLACES WE GO: HOME  
                  THE PLACES WE GO: SCHOOL  
                  THE PLACES WE GO: COMMUNITY  
LESSON 3: CROWDS AND CELEBRATIONS  
ACTION STEP

## **MODULE 3: READ YOUR CHILD'S BODY CUES**

LESSON 1: PRE-MODULE INVENTORY  
LESSON 2: OBSERVING PRE-BEHAVIOR CUES  
LESSON 3: OBSERVING BODY CUES DURING BEHAVIORAL REACTIONS  
LESSON 4: OBSERVING POST BEHAVIOR CUES  
ACTION STEP

## **MODULE 4: SAFE SPACES FOR CALMING, LEARNING, AND CONNECTION**

LESSON 1: PRE-MODULE INVENTORY  
LESSON 2: PURPOSE OF CALMING SPACES  
LESSON 3: TYPES OF SPACES  
                  CALMING  
                  ACADEMIC LEARNING  
                  PLAYFUL CONNECTIONS  
LESSON 4: CUSTOMIZE YOUR SPACE: STEP BY STEP  
ACTION STEP

## **MODULE 5: HELPING YOUR CHILD HANDLE BIG EMOTIONS**

LESSON 1: PRE-MODULE INVENTORY  
LESSON 2: TEACHING EMOTIONS  
LESSON 3: HOW TO MAKE AN EMOTION CHART  
LESSON 4: CREATIVE OUTLETS FOR BIG EMOTIONS  
LESSON 5: PROACTIVE WAYS TO PROBLEM SOLVE  
ACTION STEP